



HEART START

INSTRUCTOR ASSESSMENT FORM

Introduction

As a Training Supervisor you should make sure that all your instructors have the skills and knowledge they need to deliver the Heartstart course effectively. Once they've completed the instructor training course, please fill in this form.

Successful trainees (who've demonstrated that they can teach the theoretical and practical aspects of the course in all three units) can be awarded a Heartstart instructor certificate.

Instructor training course outline.

Unit A – Practical skills (the Heartstart course)

Where possible, trainee instructors should attend a Heartstart course before they start the instructor training course. This hands-on session can then be used to reinforce practical skills and knowledge.

Unit B – Background knowledge

Theoretical information about coronary heart disease and emergency life support (ELS).

Unit C – Teaching ELS

How to teach ELS using the four-stage approach.

Unit B – Background knowledge

Did the trainee instructor successfully demonstrate:

An understanding of the key objectives of the BHF and Heartstart? yes/no

An understanding of the relevant basic anatomy and physiology of the airway, breathing and circulation? yes/no

Knowledge of the procedures for the care and hygienic maintenance of training manikins? yes/no

Awareness of the possible concerns of individuals in performing ELS? yes/no

Your comments/action plan for further training:

Please continue on a separate sheet if necessary.

Unit C – Teaching ELS

Did the trainee instructor successfully:

Establish and promote a safe learning environment? yes/no

Establish and promote a positive learning environment? yes/no

Communicate the theoretical elements of a training session effectively? yes/no

Demonstrate the practical elements of ELS clearly and correctly using the four-stage approach? yes/no

Use relevant learning resources? yes/no

Evaluate the performance and correct technique of trainees? yes/no

Recognise their own limitations regarding knowledge and skills in teaching ELS? yes/no

Your comments/action plan for further training:

Please continue on a separate sheet if necessary.

Assessment

Trainee instructor name (please print)

Did the trainee demonstrate the skills and knowledge required to deliver the Heartstart course.

yes/no

If you answered 'no' to the above, has further training been agreed?

yes/no

Signatures

Trainee instructor signature

Date

Training Supervisor signature

Date
